



2 Month Well Visit

H: _____ %: _____ W: _____ %: _____ HC: _____ %: _____

Nutrition: Breastmilk or formula are all your baby needs until around 6 months of age. Do not prop any bottle if used. Vitamin D is recommended for breastfed babies.

Development: Smiles and coos, can track without crossing their eyes, holds their head up, baby push-ups, grasp a rattle. Read, sing and talk together. Get ready for giggles, increased movement, and Rolling!

Safety: Keep the car seat rear-facing until 2 years of age. Never leave your baby unattended on a changing table or with siblings. Put baby to sleep on their back; keep soft objects, loose blankets and bumper pads out of the crib. Avoid exposure to smoke. Set your hot water heater to less than 120 degrees. Baby proof the house before they can roll and put objects in their mouth.

Feelings: It's normal to be tired, but call for help if you feel sad for multiple days, are having difficulty coping, or don't have opportunity to take care of yourself.

Immunizations: DTaP, HIB, IPV, PCV (prevnar), Rotavirus and 2nd Hepatitis B dose if not already given. Your baby may be fussier or sleepier than usual, or have a mild fever. Call if extreme fussiness or fever of 104 degrees or more.

Medication Dosing:	6-12 lb	12-18 lb	18-24 lb
Acetaminophen (160mg/5mL)	1.25 mL (¼ tsp)	2.5 mL (½ tsp)	3.75 mL (¾ tsp)
Infant Ibuprofen (50mg/1.25mL)	Not	recommended	until 6 months

Next visit: 4 months old